# 12 PRACTICAL NEW IDEA PUBLIC ANNOUNCEMENT

昭 56 (1981) -56358

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Hanging down and pull up exercise equipment

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- 21 Application 83 54(1979) 139414
- 22/ Application date Oct. 8, 1979
- 72 New Idea by Shigeki Kurita 2-26 Toyocho Kariya-shi
- 7h Agent Patent Attorney Teruo Miyabu

57 Range of Practical New Idea Registration Request

A hanging down and pull up exercise equipment which consists of: a hang down equipment 1; a frame 3 on which a seat 1 moves, one end of the frame becomes a foot rest 2; the frame 3 is supported so that it can rotate up and down, the seat moves freely but comes back towards the back by the spring 5, the seat 1 moves on the frame, at one end of the frame a pulley 7 is attached, the handle 9 pulls rope 8 and the seat back and forth to exercise.

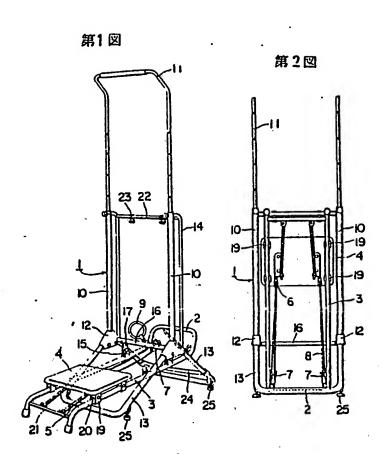
A Brief Explanation of the Illustration

The illustration 1 is the diagonal look at this new idea hanging down and pull up exercise equipment. The illustration 2 is a frontal look when the frame is up. The illustration 3 is the side view of the equipment in use:

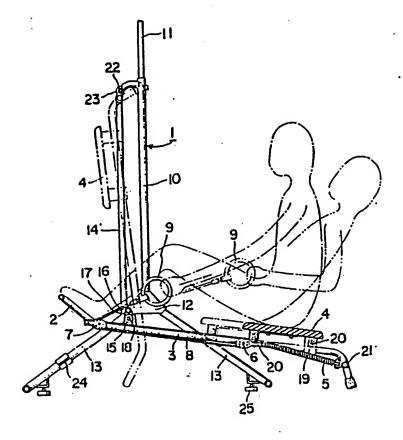
1. Hang-down equipment, 2 foot rest, 3. seat support frame, 4. seat,

5. spring, 6,7. pulley, 8. rope, 9. handle.

Translator note: Practical New Idea Registration is administered by the Patent . ice but is distinctively different from a patent in Japan. A patent usually is based on an invention, while a practical new idea is usually based on a different shape and/or structure.



第3図



"Utility Mode" Laid-Open No. 56-56358

(9) 日本国特許庁 (JP)

# Ф 公開実用新案公報(U) 昭56─56358

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7040-2C 7040-2C 7040-2C

審查請求 有

(全 2 頁)

## ❷ぶらさがり兼屈伸運動器具

頤、昭54-139414

移田 額 昭54(1979)10月8日

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#### 砂実用新案登録請求の範囲

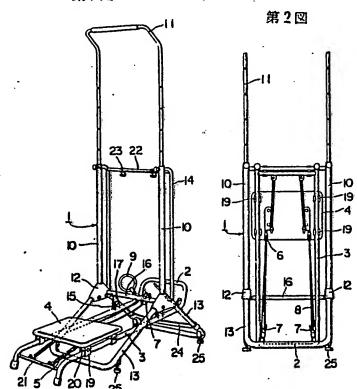
ぶらさがり器具 1 に対し先端を足掛部 2 となし た座板摺動用枠杆3を起倒可能に軸支し、跛摺動 用枠杆上に座板 4 を指動自由にかつ後端側へ復帰 用ばね5で常時付勢して備え、該座板4を指動用 枠杆の先端部に備えた滑車7を介してかけ渡した 把手9付き卒引ロープ8で進退運動せしめるよう にして成るぶらさがり兼屈仲運動器具。

### 図面の簡単な説明

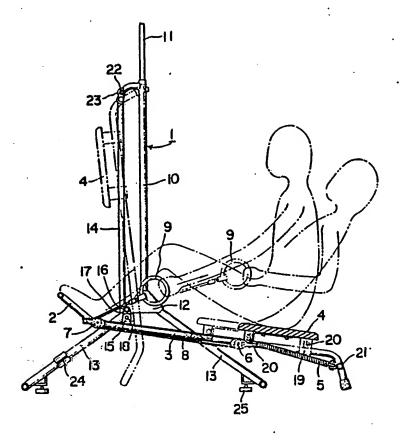
第1図はこの考案のぶらさがり兼屈伸運動器具 を示す斜視図、第2図は招動用枠杆を起立保持し た状態の正面図、第3図は使用状態を示す側断面 図である。

1……ぶらさがり器具、2……足掛部、3…… 座板指動用枠杆、4……座板、5……復帰用ばね、 6. 7……滑車、8……本引ローブ、9……把手。

# 第1図



第3図



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